

TEMPO		DOSEŽENI ČASI			
Min/KM	5K	8K	10K	1/2 Mar	Mar
4:00	20:00	32:00:00	40:00:00	1:24:23	2:48:47
4:01	20:05	32:08:00	40:10:00	1:24:44	2:49:29
4:02	20:10	32:16:00	40:20:00	1:25:06	2:50:11
4:03	20:15	32:24:00	40:30:00	1:25:27	2:50:53
4:04	20:20	32:32:00	40:40:00	1:25:48	2:51:36
4:05	20:25	32:40:00	40:50:00	1:26:09	2:52:18
4:06	20:30	32:48:00	41:00:00	1:26:30	2:53:00
4:07	20:35	32:56:00	41:10:00	1:26:51	2:53:42
4:08	20:40	33:04:00	41:20:00	1:27:12	2:54:24
4:09	20:45	33:12:00	41:30:00	1:27:33	2:55:07
4:10	20:50	33:20:00	41:40:00	1:27:54	2:55:49
4:11	20:55	33:28:00	41:50:00	1:28:15	2:56:31
4:12	21:00	33:36:00	42:00:00	1:28:37	2:57:13
4:13	21:05	33:44:00	42:10:00	1:28:58	2:57:55
4:14	21:10	33:52:00	42:20:00	1:29:19	2:58:38
4:15	21:15	34:00:00	42:30:00	1:29:40	2:59:20
4:16	21:20	34:08:00	42:40:00	1:30:01	3:00:02
4:17	21:25	34:16:00	42:50:00	1:30:22	3:00:44
4:18	21:30	34:24:00	43:00:00	1:30:43	3:01:26
4:19	21:35	34:32:00	43:10:00	1:31:04	3:02:09
4:20	21:40	34:40:00	43:20:00	1:31:25	3:02:51
4:21	21:45	34:48:00	43:30:00	1:31:46	3:03:33
4:22	21:50	34:56:00	43:40:00	1:32:08	3:04:15
4:23	21:55	35:04:00	43:50:00	1:32:29	3:04:57
4:24	22:00	35:12:00	44:00:00	1:32:50	3:05:39
4:25	22:05	35:20:00	44:10:00	1:33:11	3:06:22
4:26	22:10	35:28:00	44:20:00	1:33:32	3:07:04
4:27	22:15	35:36:00	44:30:00	1:33:53	3:07:46
4:28	22:20	35:44:00	44:40:00	1:34:14	3:08:28
4:29	22:25	35:52:00	44:50:00	1:34:35	3:09:10
Min/KM	5K	8K	10K	1/2 Mar	Mar
4:30	22:30	36:00:00	45:00:00	1:34:56	3:09:53
4:31	22:35	36:08:00	45:10:00	1:35:17	3:10:35
4:32	22:40	36:16:00	45:20:00	1:35:39	3:11:17
4:33	22:45	36:24:00	45:30:00	1:36:00	3:11:59
4:34	22:50	36:32:00	45:40:00	1:36:21	3:12:41
4:35	22:55	36:40:00	45:50:00	1:36:42	3:13:24
4:36	23:00	36:48:00	46:00:00	1:37:03	3:14:06
4:37	23:05	36:56:00	46:10:00	1:37:24	3:14:48
4:38	23:10	37:04:00	46:20:00	1:37:45	3:15:30
4:39	23:15	37:12:00	46:30:00	1:38:06	3:16:12
4:40	23:20	37:20:00	46:40:00	1:38:27	3:16:55
4:41	23:25	37:28:00	46:50:00	1:38:48	3:17:37
4:42	23:30	37:36:00	47:00:00	1:39:09	3:18:19
4:43	23:35	37:44:00	47:10:00	1:39:31	3:19:01
4:44	23:40	37:52:00	47:20:00	1:39:52	3:19:43
4:45	23:45	38:00:00	47:30:00	1:40:13	3:20:26
4:46	23:50	38:08:00	47:40:00	1:40:34	3:21:08
4:47	23:55	38:16:00	47:50:00	1:40:55	3:21:50
4:48	24:00:00	38:24:00	48:00:00	1:41:16	3:22:32

4:49	24:05:00	38:32:00	48:10:00	1:41:37	3:23:14
4:50	24:10:00	38:40:00	48:20:00	1:41:58	3:23:57
4:51	24:15:00	38:48:00	48:30:00	1:42:19	3:24:39
4:52	24:20:00	38:56:00	48:40:00	1:42:40	3:25:21
4:53	24:25:00	39:04:00	48:50:00	1:43:02	3:26:03
4:54	24:30:00	39:12:00	49:00:00	1:43:23	3:26:45
4:55	24:35:00	39:20:00	49:10:00	1:43:44	3:27:28
4:56	24:40:00	39:28:00	49:20:00	1:44:05	3:28:10
4:57	24:45:00	39:36:00	49:30:00	1:44:26	3:28:52
4:58	24:50:00	39:44:00	49:40:00	1:44:47	3:29:34
4:59	24:55:00	39:52:00	49:50:00	1:45:08	3:30:16
5:00	25:00:00	40:00:00	40:00:00	1:45:29	3:30:58
5:01	25:05:00	40:08:00	40:08:00	1:45:50	3:31:41
5:02	25:10:00	40:16:00	40:16:00	1:46:11	3:32:23
5:03	25:15:00	40:24:00	40:24:00	1:46:33	3:33:05
5:04	25:20:00	40:32:00	40:32:00	1:46:54	3:33:47
5:05	25:25:00	40:40:00	40:40:00	1:47:15	3:34:29
5:06	25:30:00	40:48:00	40:48:00	1:47:36	3:35:12
5:07	25:35:00	40:56:00	40:56:00	1:47:57	3:35:54
5:08	25:40:00	41:04:00	41:04:00	1:48:18	3:36:36
5:09	25:45:00	41:12:00	41:12:00	1:48:39	3:37:18
5:10	25:50:00	41:20:00	41:20:00	1:49:00	3:38:00
5:11	25:55:00	41:28:00	41:28:00	1:49:21	3:38:43
5:12	26:00:00	41:36:00	41:36:00	1:49:42	3:39:25
5:13	26:05:00	41:44:00	41:44:00	1:50:04	3:40:07
5:14	26:10:00	41:52:00	41:52:00	1:50:25	3:40:49
5:15	26:15:00	42:00:00	42:00:00	1:50:46	3:41:31
5:16	26:20:00	42:08:00	42:08:00	1:51:07	3:42:14
5:17	26:25:00	42:16:00	42:16:00	1:51:28	3:42:56
5:18	26:30:00	42:24:00	42:24:00	1:51:49	3:43:38
5:19	26:35:00	42:32:00	42:32:00	1:52:10	3:44:20
5:20	26:40:00	42:40:00	42:40:00	1:52:31	3:45:02
5:21	26:45:00	42:48:00	42:48:00	1:52:52	3:45:45
5:22	26:50:00	42:56:00	42:56:00	1:53:13	3:46:27
5:23	26:55:00	43:04:00	43:04:00	1:53:34	3:47:09
5:24	27:00:00	43:12:00	43:12:00	1:53:56	3:47:51
5:25	27:05:00	43:20:00	43:20:00	1:54:17	3:48:33
5:26	27:10:00	43:28:00	43:28:00	1:54:38	3:49:16
5:27	27:15:00	43:36:00	43:36:00	1:54:59	3:49:58
5:28	27:20:00	43:44:00	43:44:00	1:55:20	3:50:40
5:29	27:25:00	43:52:00	43:52:00	1:55:41	3:51:22
<b>Min/KM</b>	<b>5K</b>	<b>8K</b>	<b>10K</b>	<b>1/2 Mar</b>	<b>Mar</b>
5:30	27:30:00	44:00:00	44:00:00	1:56:02	3:52:04
5:31	27:35:00	44:08:00	44:08:00	1:56:23	3:52:47
5:32	27:40:00	44:16:00	44:16:00	1:56:44	3:53:29
5:33	27:45:00	44:24:00	44:24:00	1:57:05	3:54:11
5:34	27:50:00	44:32:00	44:32:00	1:57:27	3:54:53
5:35	27:55:00	44:40:00	44:40:00	1:57:48	3:55:35
5:36	28:00:00	44:48:00	44:48:00	1:58:09	3:56:18
5:37	28:05:00	44:56:00	44:56:00	1:58:30	3:57:00
5:38	28:10:00	45:04:00	45:04:00	1:58:51	3:57:42
5:39	28:15:00	45:12:00	45:12:00	1:59:12	3:58:24
5:40	28:20:00	45:20:00	45:20:00	1:59:33	3:59:06
5:41	28:25:00	45:28:00	45:28:00	1:59:54	3:59:48
5:42	28:30:00	45:36:00	45:36:00	2:00:15	4:00:31
5:43	28:35:00	45:44:00	45:44:00	2:00:36	4:01:13

5:44	28:40:00	45:52:00	45:52:00	2:00:58	4:01:55
5:45	28:45:00	46:00:00	46:00:00	2:01:19	4:02:37
5:46	28:50:00	46:08:00	46:08:00	2:01:40	4:03:19
5:47	28:55:00	46:16:00	46:16:00	2:02:01	4:04:02
5:48	29:00:00	46:24:00	46:24:00	2:02:22	4:04:44
5:49	29:05:00	46:32:00	46:32:00	2:02:43	4:05:26
5:50	29:10:00	46:40:00	46:40:00	2:03:04	4:06:08
5:51	29:15:00	46:48:00	46:48:00	2:03:25	4:06:50
5:52	29:20:00	46:56:00	46:56:00	2:03:46	4:07:33
5:53	29:25:00	47:04:00	47:04:00	2:04:07	4:08:15
5:54	29:30:00	47:12:00	47:12:00	2:04:29	4:08:57
5:55	29:35:00	47:20:00	47:20:00	2:04:50	4:09:39
5:56	29:40:00	47:28:00	47:28:00	2:05:11	4:10:21
5:57	29:45:00	47:36:00	47:36:00	2:05:32	4:11:04
5:58	29:50:00	47:44:00	47:44:00	2:05:53	4:11:46
5:59	29:55:00	47:52:00	47:52:00	2:06:14	4:12:28
<b>Min/KM</b>	<b>5K</b>	<b>8K</b>	<b>10K</b>	<b>1/2 Mar</b>	<b>Mar</b>
6:00	30:00:00	48:00:00	1:00:00	2:06:35	4:13:10
6:01	30:05:00	48:08:00	1:00:10	2:06:56	4:13:52
6:02	30:10:00	48:16:00	1:00:20	2:07:17	4:14:35
6:03	30:15:00	48:24:00	1:00:30	2:07:38	4:15:17
6:04	30:20:00	48:32:00	1:00:40	2:07:59	4:15:59
6:05	30:25:00	48:40:00	1:00:50	2:08:21	4:16:41
6:06	30:30:00	48:48:00	1:01:00	2:08:42	4:17:23
6:07	30:35:00	48:56:00	1:01:10	2:09:03	4:18:06
6:08	30:40:00	49:04:00	1:01:20	2:09:24	4:18:48
6:09	30:45:00	49:12:00	1:01:30	2:09:45	4:19:30
6:10	30:50:00	49:20:00	1:01:40	2:10:06	4:20:12
6:11	30:55:00	49:28:00	1:01:50	2:10:27	4:20:54
6:12	31:00:00	49:36:00	1:02:00	2:10:48	4:21:37
6:13	31:05:00	49:44:00	1:02:10	2:11:09	4:22:19
6:14	31:10:00	49:52:00	1:02:20	2:11:30	4:23:01
6:15	31:15:00	50:00:00	1:02:30	2:11:52	4:23:43
6:16	31:20:00	50:08:00	1:02:40	2:12:13	4:24:25
6:17	31:25:00	50:16:00	1:02:50	2:12:34	4:25:08
6:18	31:30:00	50:24:00	1:03:00	2:12:55	4:25:50
6:19	31:35:00	50:32:00	1:03:10	2:13:16	4:26:32
6:20	31:40:00	50:40:00	1:03:20	2:13:37	4:27:14
6:21	31:45:00	50:48:00	1:03:30	2:13:58	4:27:56
6:22	31:50:00	50:56:00	1:03:40	2:14:19	4:28:38
6:23	31:55:00	51:04:00	1:03:50	2:14:40	4:29:21
6:24	32:00:00	51:12:00	1:04:00	2:15:01	4:30:03
6:25	32:05:00	51:20:00	1:04:10	2:15:23	4:30:45
6:26	32:10:00	51:28:00	1:04:20	2:15:44	4:31:27
6:27	32:15:00	51:36:00	1:04:30	2:16:05	4:32:09
6:28	32:20:00	51:44:00	1:04:40	2:16:26	4:32:52
6:29	32:25:00	51:52:00	1:04:50	2:16:47	4:33:34
<b>Min/KM</b>	<b>5K</b>	<b>8K</b>	<b>10K</b>	<b>1/2 Mar</b>	<b>Mar</b>
6:30	32:30:00	52:00:00	1:05:00	2:17:08	4:34:16
6:31	32:35:00	52:08:00	1:05:10	2:17:29	4:34:58
6:32	32:40:00	52:16:00	1:05:20	2:17:50	4:35:40
6:33	32:45:00	52:24:00	1:05:30	2:18:11	4:36:23
6:34	32:50:00	52:32:00	1:05:40	2:18:32	4:37:05
6:35	32:55:00	52:40:00	1:05:50	2:18:54	4:37:47
6:36	33:00:00	52:48:00	1:06:00	2:19:15	4:38:29
6:37	33:05:00	52:56:00	1:06:10	2:19:36	4:39:11

6:38	33:10:00	53:04:00	1:06:20	2:19:57	4:39:54
6:39	33:15:00	53:12:00	1:06:30	2:20:18	4:40:36
6:40	33:20:00	53:20:00	1:06:40	2:20:39	4:41:18
6:41	33:25:00	53:28:00	1:06:50	2:21:00	4:42:00
6:42	33:30:00	53:36:00	1:07:00	2:21:21	4:42:42
6:43	33:35:00	53:44:00	1:07:10	2:21:42	4:43:25
6:44	33:40:00	53:52:00	1:07:20	2:22:03	4:44:07
6:45	33:45:00	54:00:00	1:07:30	2:22:24	4:44:49
6:46	33:50:00	54:08:00	1:07:40	2:22:46	4:45:31
6:47	33:55:00	54:16:00	1:07:50	2:23:07	4:46:13
6:48	34:00:00	54:24:00	1:08:00	2:23:28	4:46:56
6:49	34:05:00	54:32:00	1:08:10	2:23:49	4:47:38
6:50	34:10:00	54:40:00	1:08:20	2:24:10	4:48:20
6:51	34:15:00	54:48:00	1:08:30	2:24:31	4:49:02
6:52	34:20:00	54:56:00	1:08:40	2:24:52	4:49:44
6:53	34:25:00	55:04:00	1:08:50	2:25:13	4:50:27
6:54	34:30:00	55:12:00	1:09:00	2:25:34	4:51:09
6:55	34:35:00	55:20:00	1:09:10	2:25:55	4:51:51
6:56	34:40:00	55:28:00	1:09:20	2:26:17	4:52:33
6:57	34:45:00	55:36:00	1:09:30	2:26:38	4:53:15
6:58	34:50:00	55:44:00	1:09:40	2:26:59	4:53:58
6:59	34:55:00	55:52:00	1:09:50	2:27:20	4:54:40
<b>Min/KM</b>	<b>5K</b>	<b>8K</b>	<b>10K</b>	<b>1/2 Mar</b>	<b>Mar</b>